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| **Your job role** | **Training Session/Workshop** | **Aim of Session/Workshop** |
| **Practitioner**  **Middle Manager**  **Practice Lead** | **Our Way of Working Core Programme**  **(3 x 2.5 hour sessions, via Microsoft Teams)** | To understand the Our Way of Working model, principles and values and how to apply this to your role in working with children, families, adults and multi-agency partners. |
| **Any individual who has previously completed the Leader’s Programme or the Core Programme for New Ways/Our Way of Working** | **Supporting children to recognise and regulate their own trauma response**  **(1 x 2 hour face-to-face session)** | In this 2-hour ***interactive, face to face*** workshop we will explore the Beacon House Survival Animal resource packs.  Then, using practical activities we will consider how to utilise the resources to best effect with the children and young people you work with. |
| **Any individual who has previously completed the Leader’s Programme or the Core Programme for New Ways/Our Way of Working** | **Working with Trauma-Experienced Parents/Adults**  **Language and Environments**  **(1 x 1hr 45min session, via Microsoft Teams)** | **In this interactive and reflective workshop we will consider –**   * How verbal and non-verbal language is key part if creating emotional safety * How the physical environments that we work in can make people feel emotionally unsafe and what we, as practitioners can do to minimise this |
| **Any individual who has previously completed the Leader’s Programme or the Core Programme for New Ways/Our Way of Working** | **Working with Trauma-Experienced Parents/Adults**  **The Window of Tolerance**  **(1 x 1.5 hr session, via Microsoft Teams)** | **In this interactive and reflective workshop we will –**   * Learn about the emotional window of tolerance * Consider how we can help parents/adults to manage difficult emotions and how we can support them identifying approaches and strategies in moving back into their window of tolerance |
| **Any individual who has previously completed the Leader’s Programme or the Core Programme for New Ways/Our Way of Working** | **Working with Trauma-Experienced Parents/Adults**  **Ghosts in the Meeting Room**  **(1 x 1.5 hr session, via Microsoft Teams)** | **In this interactive and reflective workshop we will consider –**   * How early experience can shape how people experience relationships with professionals and services * How we can use this understanding to overcome barriers and develop positive approaches to engagement |
| **Practitioner**  **Middle Manager**  **Practice Lead** | **iLearn Modules**  **Motivational Interviewing iLearn module**  **PACE webinars**  *Modules within the e-learning programme to develop knowledge and skills for targeted members of workforce* | **The modules cover –**   * Motivational interviewing skills and different ways in which you can put these into practice * PACE and how you can put Dan Hughes’ PACE model into practice with the children and adults you work with |